

AGE	PHYSICAL	SOCIAL	NEUROLOGICAL & COGNITIVE
<b>0-1 month</b>	Stools becoming yellow Many BMs/day Turn head supine, chin up prone <a href="#">Sucking reflex</a>	Recognizes voice (wk 1) Prefers faces (wk 2) Can snuggle (wk 3)	Focus on objects, some visual tracking, gazes at high contrast Startles to loud noise
<b>2 months</b>	Head up to 45 degrees Holds hands together	Reciprocal smiling Ooos/ahhs	Follows past midline Alerts to sounds <a href="#">No more Stepping Reflex</a>
<b>3 months</b>	Lift head and chest Wiggle/kick legs Rolls to side Brings hands to mouth	Cooing or babbling sounds Crying in different ways Reaches for parents face Facial expressions Chuckles	Follow moving object w/ eyes, in circle <a href="#">No more Grasping reflex</a> <a href="#">No more Fencing reflex</a>
<b>6 months</b>	Holds head up ( <a href="#">no more head lag</a> ) Push up on hands and knees Rolls front to back/back to front Reaches out Pulls to sit	Recognizes familiar faces Smiles, coos, giggles Loves cuddling Formed attachment w/ parents Stranger Anxiety	Turns head toward sounds Begins to respond to name Tries to feed self <a href="#">No more Moro Reflex</a>
<b>9 months*</b>	Sit up on own Pulls to stand Crawl or scoot, creeping Bites/chews	Recognizes familiar people Imitate words (sounds like “Mama”) Separation Anxiety	Takes 2 cubes Dumps things out of containers
<b>12 months</b>	Stand alone “cruising” Possibly walking/steps Dance or bounce to music <a href="#">Fine Pincer grasp</a> Throws objects (spoon)	Responds to name Waves bye bye Says a few words Stranger Danger “Dada” and “Mama”	Points to objects when asked Plays pat-a-cake Follows one step commands Cooperates in dressing
<b>15 months</b>	Plays ball Walks well, can carry toy walking Creeps upstairs Climbs on things/furniture	Possibly 2 words together Imitates (try to brush hair) Shows empathy Reciprocal hugs	Scribbles Uses spoon Turn pages in books
<b>18 months*</b>	Walks without help, runs Climb up/down Stand up/sit without holding Throws ball	Temper Tantrums “Clings” to caretaker Engages in Pretend Play Shows shame	Understand simple directions Points to self Understands “mine” Helps remove garments
<b>24 months* (2 year)</b>	Walk, run, climb without help Go up/down stairs without railing Kick ball Throw overhand	Uses the word “no” frequently Temper tantrums 2-3 words together Sings songs/rhymes Feeds self and drinks from cup Doesn't like sharing	Able to undress self 4 cube tower Open doors Sorting/matching objects Refers to self by name
<b>30 months* (2.5 year)</b>	Jumps in place Washes hands Can stand/walk on balance beam	Imitates adult activities Puts things away Brush teeth w/ assistance	No more jargon, names objects Uses pronouns
<b>36 months (3 year)</b>	Jump up and down Tricycle Walks heel to toe Throw & catch ball Goes up and down stairs without railing and alternating feet	Play with others and shares Talk in short sentences Ask “what” and “why” Imaginative play Fears imaginary things Asks to be read to	200+ words Sort two objects that match Washes/dries hands Draws 2-3 part person Knows own gender Unbuttons, puts on shoes Uses plurals, names body parts

*\*Gray: indicate AAP recommendations for developmental delay screenings (need for early intervention)*