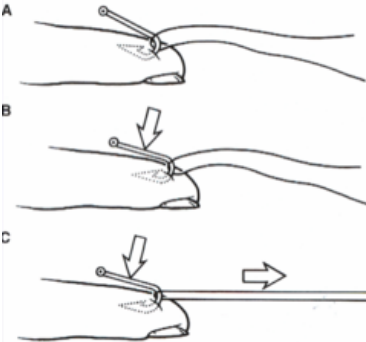
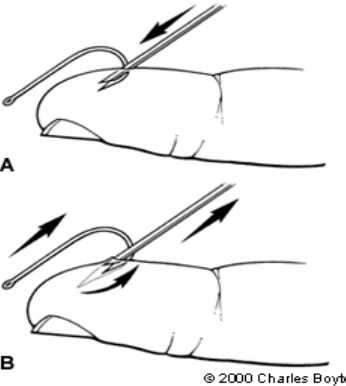
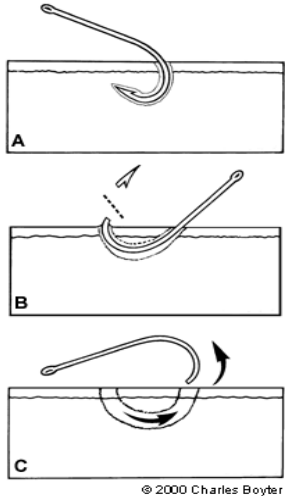


FISH HOOK REMOVAL

Indications	Angler's String-Yank Method	Needle Cover or Barb Sheath	Traditional Pull Through Method	Post-Procedure
<ul style="list-style-type: none"> - Fish hook embedded in subcutaneous tissue 	<p>Note: This is the least harmful method, and can be used without anesthesia.</p>  <ol style="list-style-type: none"> 1. After cleaning and local anesthesia, tie string to the midpoint of the curve of hook, wrap the other end around your finger (Image A) 2. Depress the shank (long flat part of hook sticking out) against the skin until you feel resistance (Image B) 3. Pull the shaft until it is approximately parallel to the skin 4. Firmly and quickly yank the string with follow through in one forceful move parallel to the shank (Image C) 	 <ol style="list-style-type: none"> 1. After cleaning and local anesthesia, introduce an 18-gauge needle through entrance track of hook parallel to the shank, bevel down toward the inside of the curve (Image A) 2. Advance the hook slightly to dislodge any barb from tissue 3. Back the hook and needle out together as one unit (Image B) <p style="text-align: right;">© 2000 Charles Boyter</p>	 <ol style="list-style-type: none"> 1. After cleaning and local anesthesia, force the point through the anesthetized skin 2. Clip off the barb tip once it pushes through the skin (Image B) 3. Back the hook out along its entry pathway (Image C) <p style="text-align: right;">© 2000 Charles Boyter</p>	<ul style="list-style-type: none"> - Explore the wound for any foreign bodies - Tetanus toxoid if >5 years since vaccine - Dress the wound in sterile dressings - Wash area with soap and water 4-6x/day x2 days <p>Prophylactic Antibiotics</p> <p>Note: If the patient is immunosuppressed, a diabetic, or has peripheral vascular disease, consider using prophylactic antibiotics. You will want to cover for <i>S. aureus</i> and water pathogens with:</p> <ul style="list-style-type: none"> • 1st generation Cephalosporins <u>or</u> • Clindamycin + Levofloxacin + Metronidazole

Fish Hook Anatomy

